

York Children's University A Journey Through York



★ Name:

★ Age:

★ School:



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UNIVERSITY *of York*





Welcome!

Are you ready to start your Summer Challenge?

- ★ This pack offers you a fun way to get out and about in York during your summer holiday! It has lots of **activities** to complete, **facts** to find out, and **places** to visit.
- ★ There are **six challenge pages**. Complete any activity from each of these pages, and submit **evidence** to gain a sticker of that colour.
- ★ With six challenges to have a go at, you can collect up to **six stickers** in your Passport! There are also optional extras at Learning Destinations along the way!
- ★ Keep **evidence** of the activities you do as you go through the pack. Your evidence can be anything from **drawing** a picture, taking a **photo**, or **writing** about what you have been up to – suggestions are provided for each activity!
- ★ Find out how to **submit your evidence** and **redeem** stickers at the back of this booklet.

Outdoor 

Creative 

Sport 

Culture 

Academic 



Become a nature explorer!

Can you grow your own cress?

1. Wet some kitchen roll and put it in the bottom of an empty yoghurt pot, then wet some cotton wool and place on top of the kitchen roll.
2. Leave a 3cm gap under the top of the pot, then sprinkle in a teaspoon of cress seeds and press down gently with your finger.
3. Place the cress heads in a warm place exposed to daylight and wait for your seeds to grow.
4. Use your cress to make a delicious sandwich! Don't forget to take a picture! You can tweet it to us @CUYork.



Time to get outside!

- ★ **Explore** your back garden, or take a trip to a local park. How many trees can you spot? What makes each of them different?
- ★ **Make** a rubbing of your favourite tree and keep a picture of this to show what you have discovered.



Could you be a record breaker?

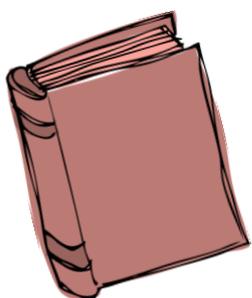
The Summer Reading Challenge!

- ★ This year's theme is Record Breakers – start to discover weird, wonderful and wacky records from around the world!
- ★ Sign up now at your local library, read six library books of your choice and collect rewards along the way.
- ★ If you read all six books and attend any extra activities, you can earn up to 10 extra hours in your Passport!



Break your own record!

- ★ Check out some of the world's weirdest records here: www.guinnessworldrecords.com/kids
- ★ Now make up your own! Who can make the longest marble run, fastest race track, or build the highest tower?
- ★ Don't forget to take a photo or write about what you have been up to!



Going out and about!

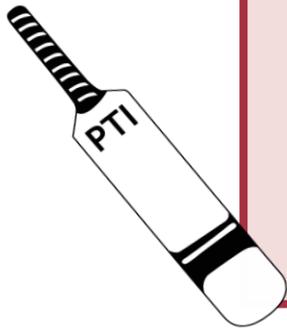


Find a fun way to get outside!

- ★ Go on a walk at the park, have a game of football, or even try out volleyball at the beach!
- ★ If you like biking, why not Cycle the Solar System? Find out more at: www.york.ac.uk/solar

Can you make up your own game?

- ★ Why not draw your own hopscotch, think of your own rules to tag, or even make your own obstacle course.
- ★ You could write down the rules to your new game, or take a photo of your finished obstacle course.



Take a trip to Museum Gardens!

- ★ It's a great, free space to have fun outside!
- ★ You can play games, explore the environment, or even make up your own performance in their storytelling area.

Visit the Yorkshire Museum and ask them for an extra sticker for your passport!

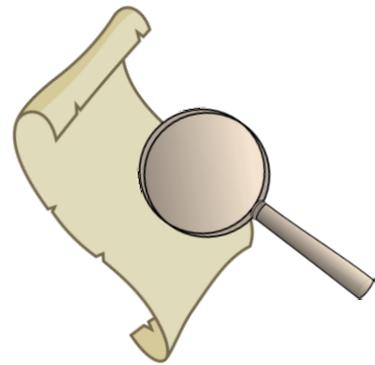
Culture 



Explore the history of York!

Walk the walls...

- ★ Write down or draw what you can see from up here. Can you find anything that could have been used to defend the city?
- ★ Explore the Richard III Experience at Monk Bar and bring along your Passport for an extra sticker. Whilst you're here, can you find the ice house nearby?



...and sneak down the Shambles!

- ★ What do you think this street would have been used for in the past? Can you spot anything that would help you to find out?



Discover York Minster!

- ★ Can you find a statue outside the Minster? What can you find out about this person?
- ★ There are lots of fun activities and trails inside the Minster. Get involved and they can provide you with an extra sticker for your Passport!



Become a Viking!

								
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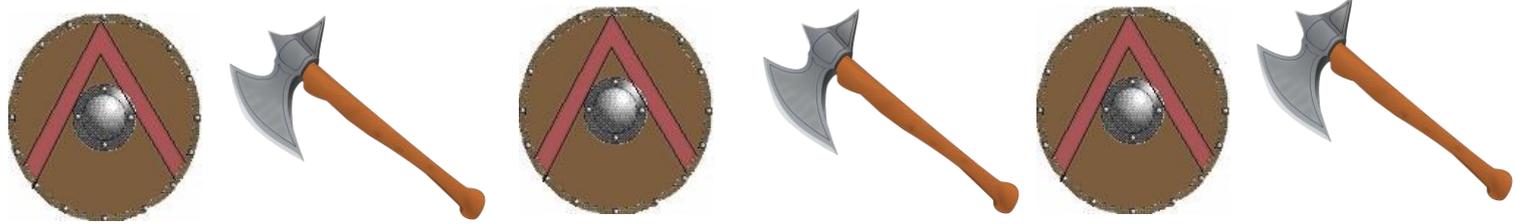


Use Viking runes to write a secret message!

- ★ The Vikings used a set of letters called runes, which you can see above. What is the Viking telling you?
- ★ Try writing your own message using the Viking runes to give to your friends, or make up your own runes instead.

Extra sticker!

- ★ Visit the Jorvik Centre and meet real life Vikings and ask them all about their lives!
- ★ Don't forget to ask them for a sticker for your Passport!



Travel the globe!

Where are you travelling to this summer? Maybe you could:

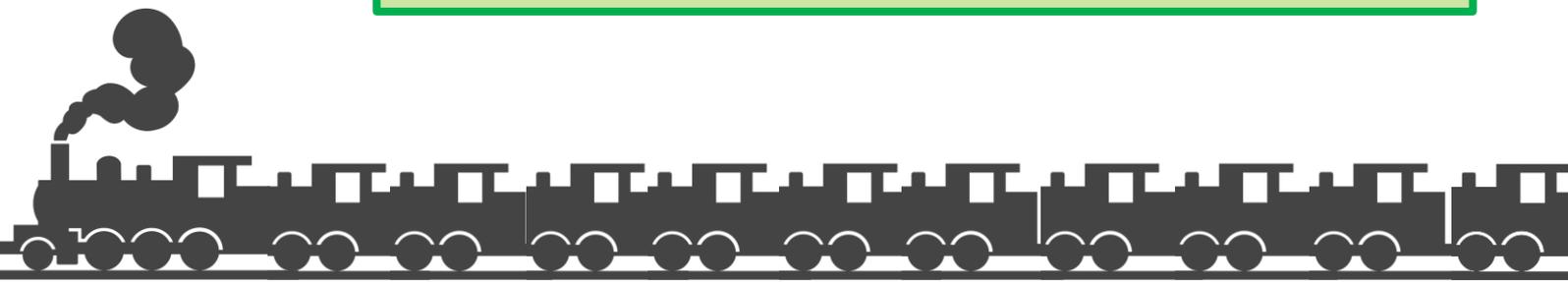
- ★ **Make** a scrapbook of your adventure
- ★ **Write** an advert about the place you are travelling to
- ★ **Draw** a picture of the type of transport you are using! Can you find out how fast it goes?



Why not visit the free National Railway Museum!

Take a photo of:

- ★ The oldest train
- ★ The fastest train
- ★ The train that you would like to travel on. Why don't you tell us about why you liked it?





Congratulations!

You have completed the York CU Summer challenge, we hope you have had fun!

How to collect your 6 summer challenge stickers:

Attend a CU School?

Please take in your evidence to your school, and they will award you your stickers. If you're not sure if your school participates, see the full list here:

www.childrensuniversity.co.uk/york/information-for-schools

Not in your school yet?

Please send your evidence to York Children's University by the **end of September 2015**. Either tweet us @CUYork or email us at: info@yorkcares.co.uk*

★ Please include your name, address, school and evidence and we will post you your stickers.

We hope you had a fantastic summer and we look forward to hearing all about it!



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