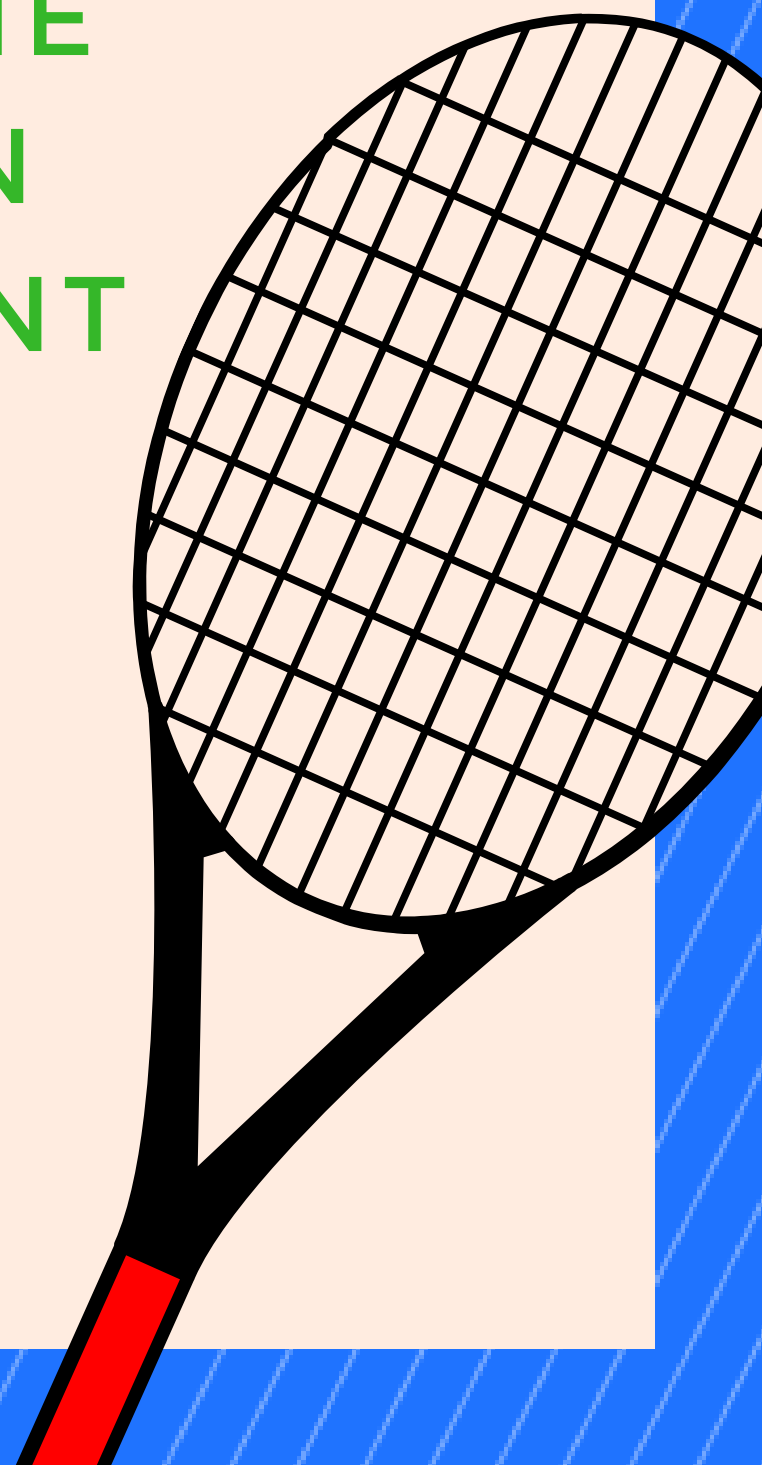
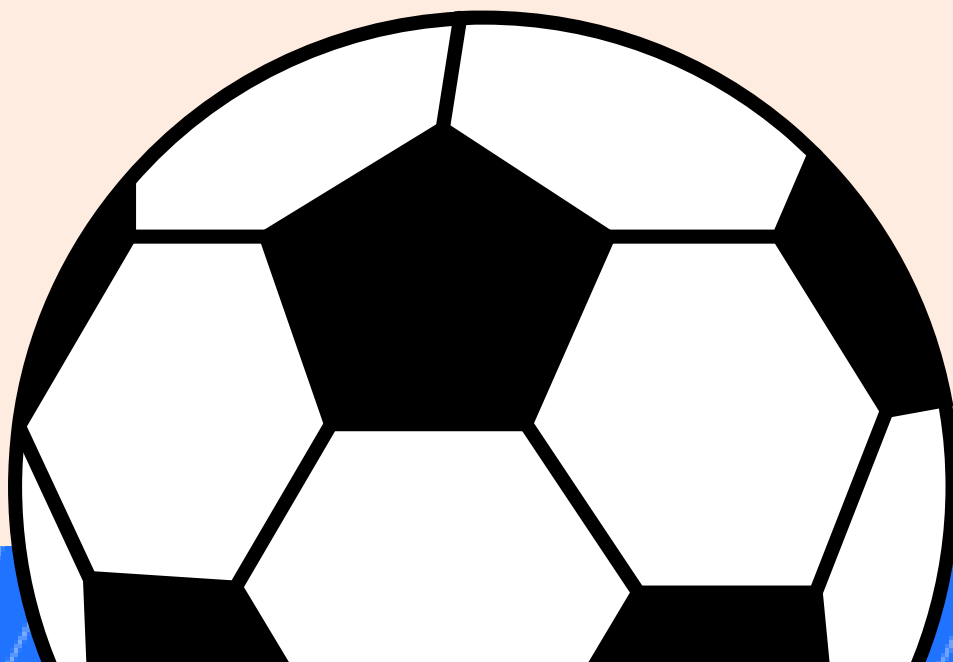
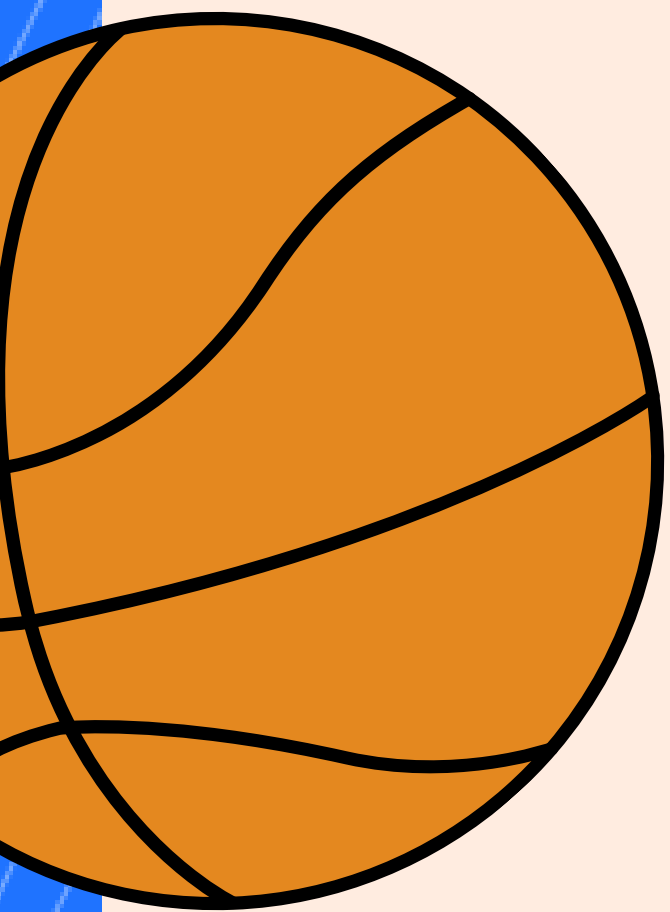
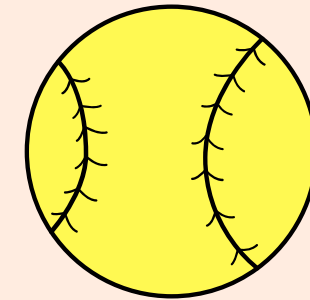
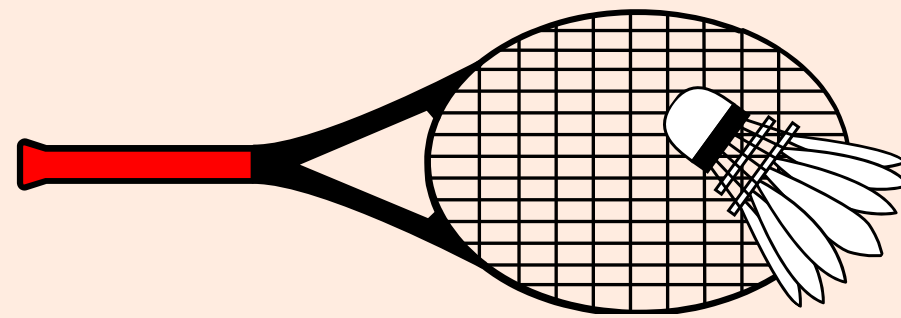


PHYSICAL ACTIVITY LOG

FOR THE #KCUCHALLENGES
20__

YOU CAN USE THIS LOG TO
MONITOR HOW MUCH TIME
YOU SPEND INVOLVED IN
CHANGE4LIFE, ACTIVE KENT
& MEDWAY AND OTHER
PHYSICAL ACTIVITIES





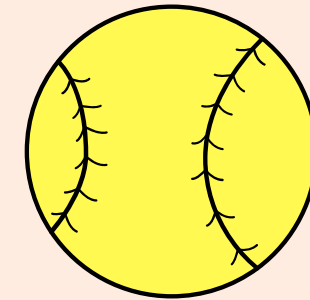
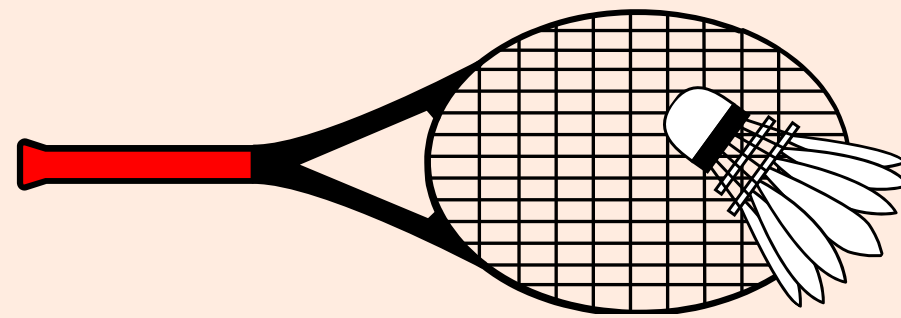
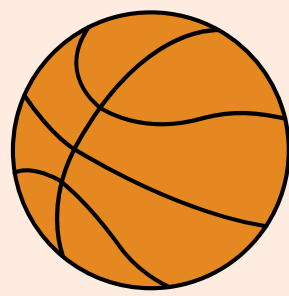
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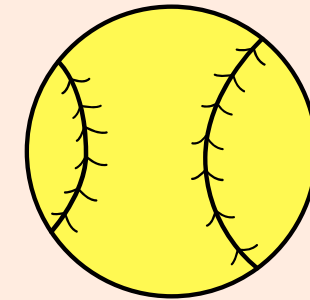
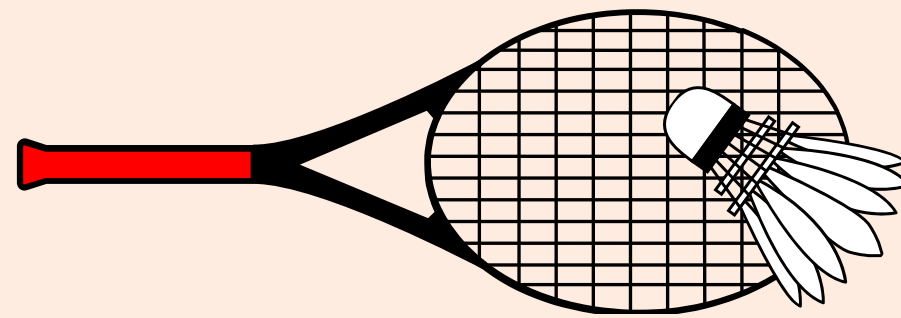
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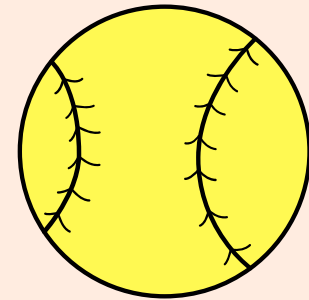
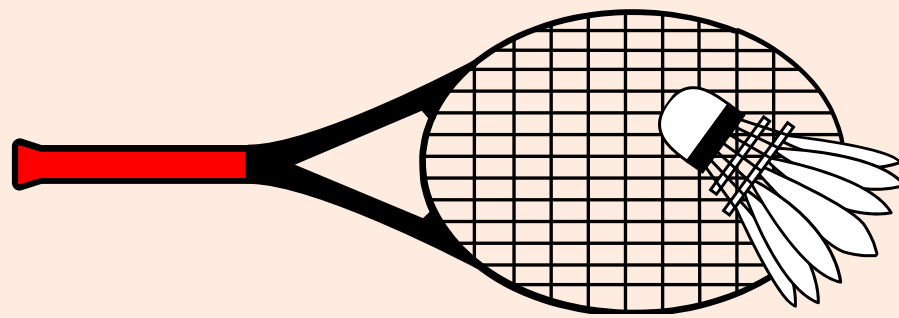
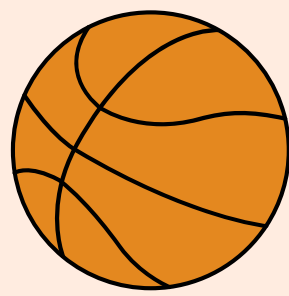
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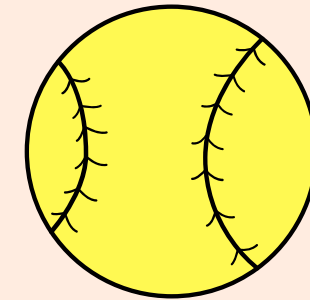
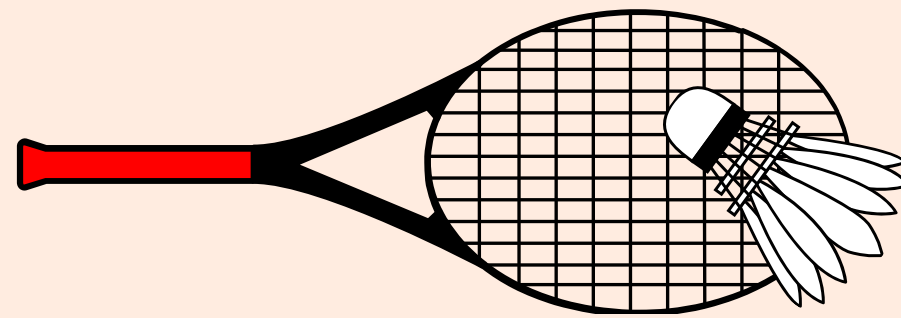
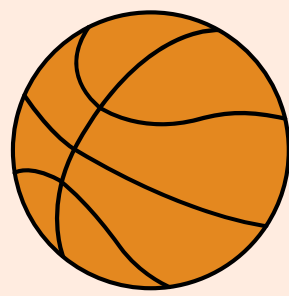
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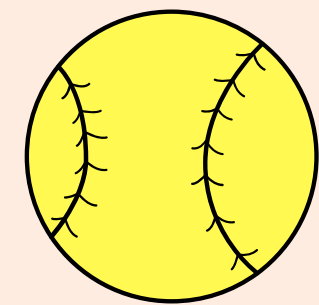
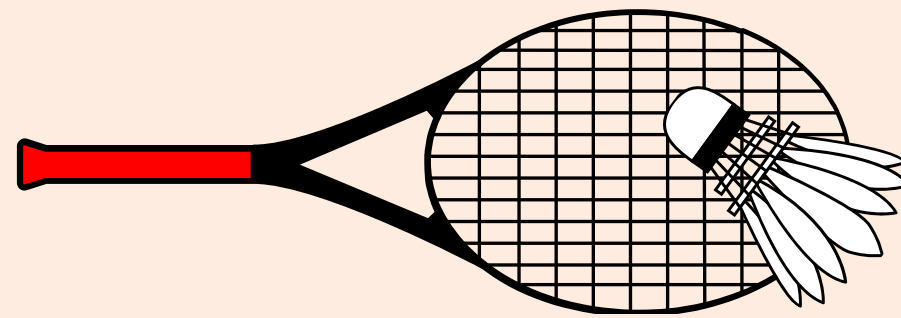
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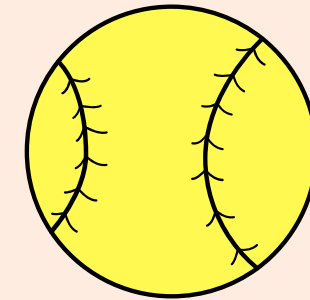
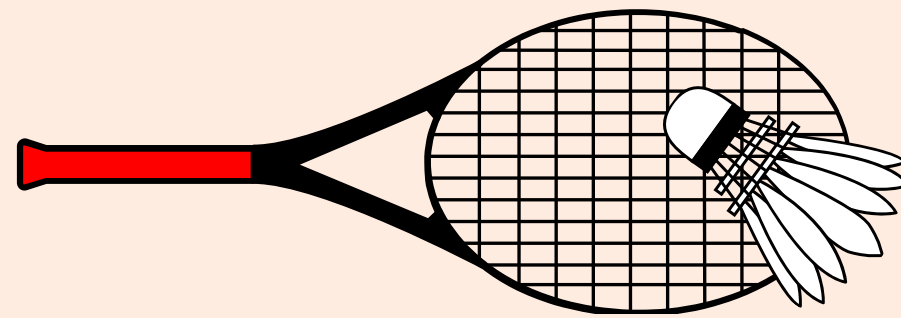
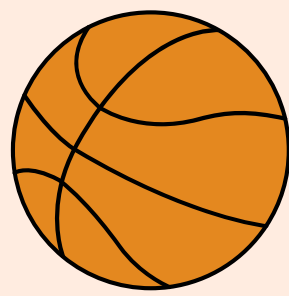
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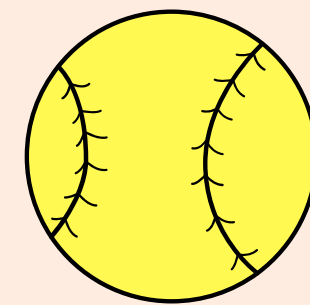
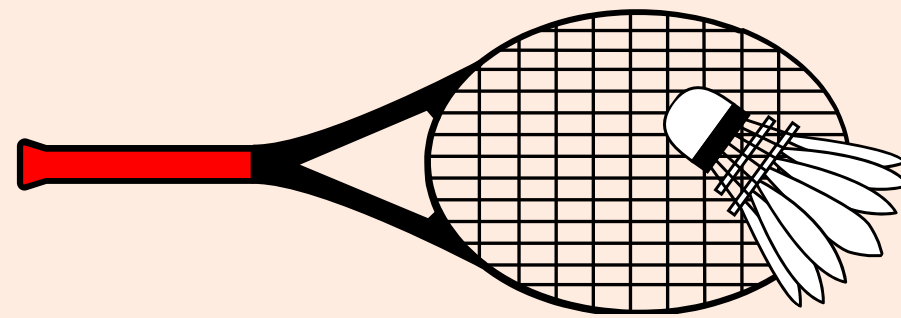
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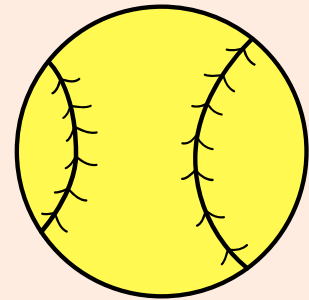
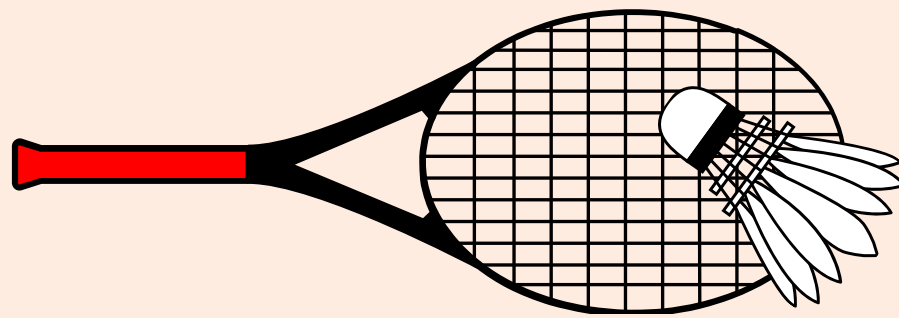
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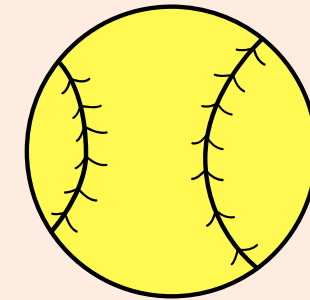
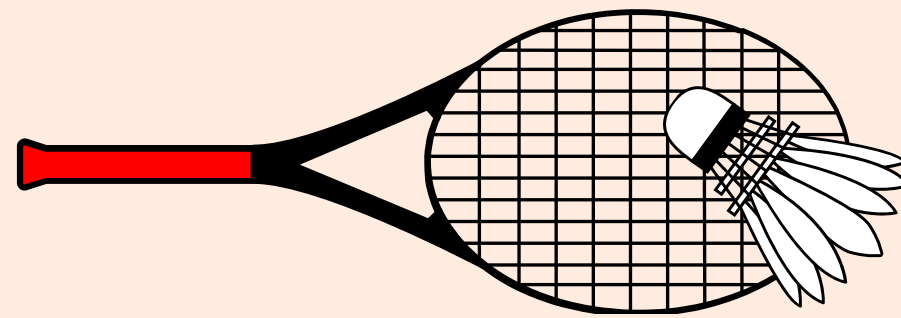
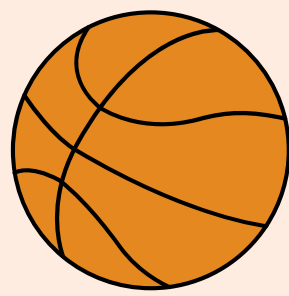
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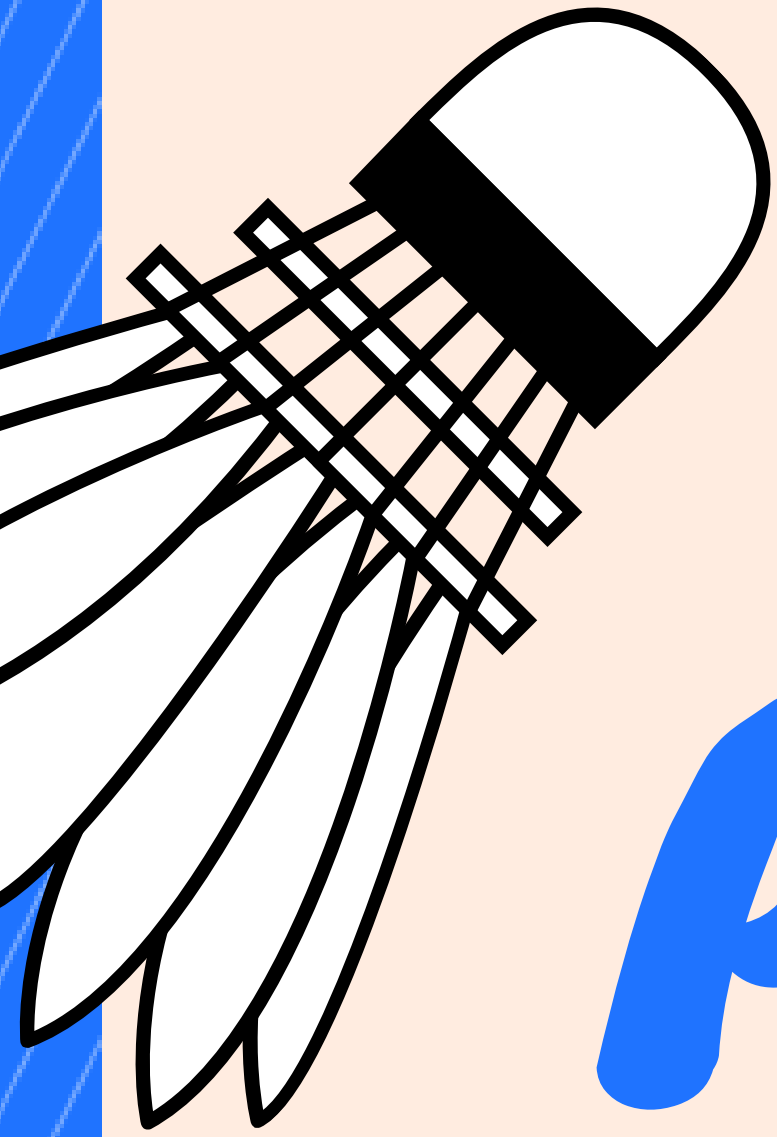
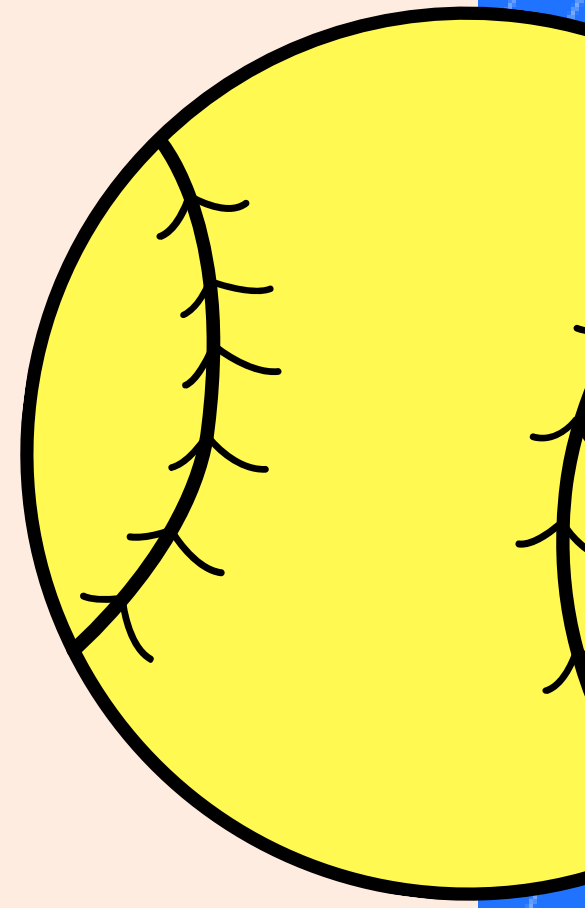
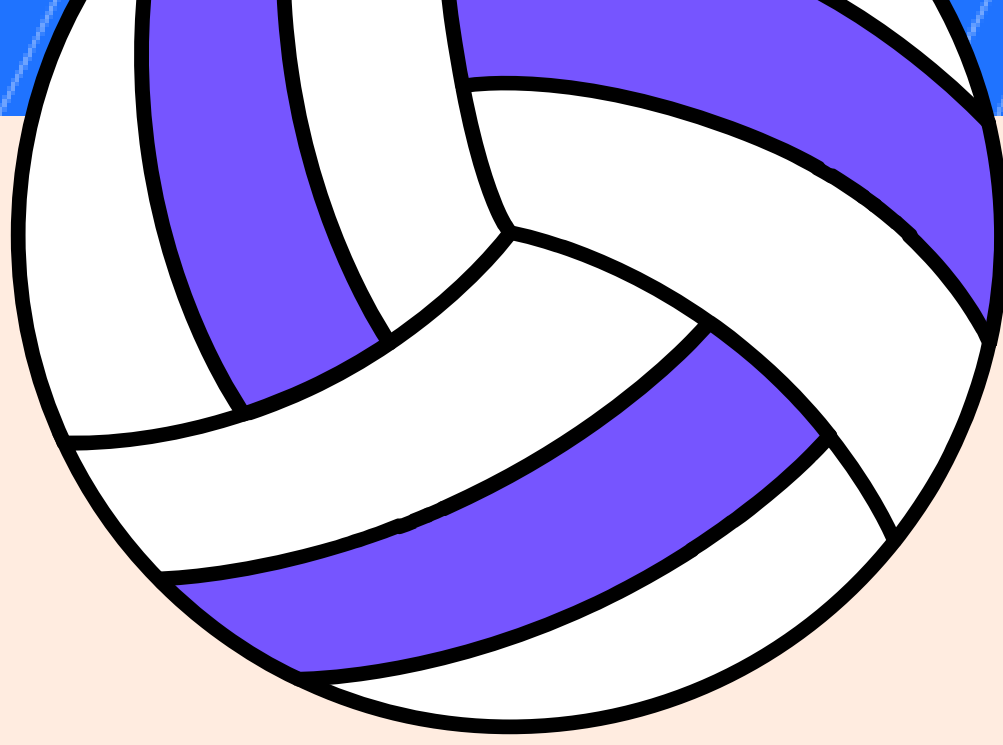
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PHYSICAL ACTIVITY LOG

FOR THE #KCUCHALLENGES
2020-2021

SUBMIT THIS ACTIVITY LOG
AND SUPPORTING
PHOTOGRAPHS/FILM
FOOTAGE, ALONG WITH
OTHER EVIDENCE AT THE
END OF A CHALLENGE

