

Comments on posts made by others

How many likes my posts get

Incorrect information being shared online

Content online influencers post

Messages from people I don't know

Hateful or negative content online

How much time I spend on certain apps or games

How much time friends or family spend online

How I use new technology

Content suggested to you by apps or games

Content my friends and family post

How technology is changing

Comments on posts made by others

How many likes my posts get

Incorrect information being shared online

Content online influencers post

Messages from people I don't know

Hateful or negative content online

How much time I spend on certain apps or games

How much time friends or family spend online

How I use new technology

Content suggested to you by apps or games

Content my friends and family post

How technology is changing

**Things I
cannot
change**



**Things I
have control
over**



**Things I have
some influence
over**

